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## HOLISTIC APPROACH TO VACCINATION OF ADULT DOGS AND PUPPIES

*by Dr. Peter Dobias, DVM*

In the previous blog, you learned about [the importance of choosing a healthy puppy and avoiding puppy mills.](#)

Now that you have chosen well, you may be wondering what is the best way to keep your best friend healthy. One may think that vaccines or “the shots” as many call them, would be the next step. However, it is not that simple.

## THE MAIN CONCERNS

1. Vaccines contain dangerous carcinogens and disease causing chemicals such as mercury and formaldehyde.
2. They are often made by infecting healthy laboratory animals, including dogs, cats and horses.
3. Early vaccination can neutralize natural maternal antibodies and leave your puppy unprotected.
4. Vaccines have the ability to cause symptoms similar to the disease they are trying to prevent.
5. Combination vaccines often overwhelm the body and cause immune system problems.
6. Repeated exposure to vaccines can create toxic build up and serious chronic disease or even cancer.

Wondering what the alternatives are?

## HERE IS YOUR HEALING SOLUTION :

1. Never vaccinate your puppy before 12 weeks of age if you have the choice
2. If your puppy has been vaccinated early, any medical condition may or may not be a vaccine side effect.
3. Consult an open minded holistic practitioner who knows how to recognize vaccine related issues.
4. You can administer homeopathic Thuja 30 C or [Thuja 200 C](#) – 1 dose to neutralize vaccination side effects.

## NATURE’S VACCINATION PROTOCOL – THE IDEAL CHOICE

1. Maternal antibodies protect puppies fully until around the age of 10 – 16 weeks.
2. When your puppy is 12 weeks old get an “antibody titer test” done that is available in most veterinary clinics.
3. The most concerning diseases are distemper, parvovirus and leptospirosis. Most clinics run just the first two tests.



4. If any antibody level is present, retest at the age of 5 months and socialize your puppy on a moderate basis with other dogs.
5. Your puppy will learn the “ropes” by being in the company of other canines and will produce its own antibodies by being exposed to them while being protected. This is in fact nature’s “way of vaccination”
6. While no method can provide you with 100% guarantee, I have not seen any dogs who have got parvo or distemper since starting to use this protocol in the late 90’s.

### ALTERNATIVE VACCINATION PROTOCOL FOR PUPPIES THAT WERE VACCINATED EARLY, OR HAVE AN UNKNOWN HISTORY OR TESTED NEGATIVE FOR ANTIBODIES.

1. Early vaccination often neutralizes or blocks the maternal immunity. Vaccine simply locks the antibodies and puts them “out of commission”.
2. If there are no antibodies
  - a. consider vaccination with one antigen of parvovirus ( not a combination ) at 12 weeks
  - b. distemper 4 weeks later
3. Avoid boosters and unnecessary vaccine exposure by getting a “titer test ” done 1 month after the last vaccine and then 2 – 3 months later
4. Do not use vaccines for Kennel Cough, Lyme disease and Giardia – they have the highest side-effect causing properties.
  - a. For Example – I have seen many dogs vaccinated for Lymes disease having symptoms of arthritis at the age of 2 – 3 years old. This vaccine has not been approved for people because of safety issues.
  - b. Kennel cough is a self limiting disease similar to a cold. Vaccine causes very frequent side-effects – kennel cough itself.

If you live in an area with rabies, the vaccine may need to be given, however, give it at least 4 weeks from other vaccination.

Never give more than 1 antigen at a time.

### CONCLUSION:

Based on my experience, healthy puppies may not need any vaccination and maintain their antibodies ( protections ) for a life time. This is the safest way.

It is more likely that none or minimal vaccine protocol is safer.

Vaccines can cause serious side-effects that are often not noticed or recognized by conventional medical

science.

No one can give you 100% guarantee that your puppy will not get infected with or without vaccines.

Healthy food, fresh water, the right amount of exercise and low stress level is the best disease prevention.

My choice will always be no vaccines whenever possible and antibodies are present.

Dr. Peter Dobias, DVM

PS:

If you currently work with a practitioner who demands vaccinating your pet, remember that it is you who makes the final decision. Be polite, state your request clearly and notice how much you can stand your ground. You are there for your pet.

For further details on duration of immunity in dogs, please refer to the chart bellow.

Based on the study of a veterinary immunologist, Dr. Ronald Schultz – Universty of Wisconsin, 1978

**Table 1: Minimum Duration of Immunity for Canine Vaccines**

Vaccine	Minimum Duration of Immunity	Methods Used to Determine Immunity
<b>CORE VACCINES</b>		
Canine Distemper Virus (CDV)		
Rockbom Strain	7 yrs / 15 yrs	challenge / serology
Onderstepoort Strain	5 yrs / 9 yrs	challenge / serology
Canine Adenovirus-2 (CAV-2)	7 yrs / 9 yrs	challenge-CAV-1 / serology
Canine Parvovirus-2 (CAV-2)	7 yrs	challenge / serology
Canine Rabies	3 yrs / 7yrs	challenge / serology
<b>NON-CORE VACCINES</b>		
Canine parainfluenza	3 yrs.	serology
Bordetella bronchiseptica	9 months	challenge
Leptospira interrogans ser. canicola	?	
Leptospira icterohaemorrhagic	?	
Borrelia burgdorfen	1 yr.	challenge
Giardia	?	
Canine Coronavirus	Lifetime (whether vaccinated or not vaccinated)	Challenge / serology



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